

The background of the entire image is a close-up, slightly blurred view of two paintball helmets. The helmet on the left is red and black, while the one on the right is blue and black. They are both facing forward, with their visors visible. The text is overlaid on this background.

[redacted] has been targeted to join

For an **EPIC** Birthday Battle

@ QUEX PARK
PAINTBALL

on

/ /

at

R.S.V.P to

[redacted]

NEW ARENA OPENING SOON

What do I need to wear? Strong boots or shoes with plenty of tread are a must, due to the fact you'll be running around the woods, the most likely cause of any injury is unsuitable footwear. Gloves and a hat are an option. Camo coveralls, armour and face mask is provided free, but wear loose fitting, old clothing underneath because you WILL get dirty.

Can I use my own paintball marker/gun? We want everybody to have a brilliant day, so if you do have your own equipment please call us before hand and we will make a decision on whether it can be used or not, because if you turn up on game day without asking there are no guarantees you will be able to use it because it may not be fair on other less experienced players.

Is paintball dangerous? A medical study compared the statistics of a number of sports. They concluded that you were more likely to become a casualty from a round of golf than from a day paintballing! Provided you follow the basic safety rules that our staff strictly enforce during your visit, the worse you can expect is aching muscles and the odd bump or bruise.

Is the day affected by the weather? Weather conditions do not affect us in the slightest. Some guests prefer paintballing in the wet and mud, others like it sunny and dry. Whatever the weather you'll hardly notice with the excitement and adrenaline Rush you get.

What's the minimum age? The minimum age for paintball at quex park is 11 years old, anyone under the age of 16 has to be signed for by there parents or guardian.



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